

Join Our Superflex Group!

Superflex is a social group for children ages 8-11 that can help kids with social difficulties develop awareness of their thinking and behaviors and learn strategies for self-regulation. Superflex uses fun activities and playful characters to help kids get excited about learning new coping strategies.



We help your child...

- Learn executive functioning skills
- Explore coping skills
- Practice self-awareness
- Develop social problem-solving skills
- Practice self-reflection
- Learn flexibility

Dates: October 2nd - December 11th Time: 7:15 - 8:15 pm

**Location: Growth Opportunity Center, 928 Jaymor Rd
B-150 Southampton, PA**

Cost: \$60 intake, \$350 for 10 weeks or \$35 per week



For more information, go to www.gocenter.net and click the GOC Group tab and complete the online form. You can also email krodenhaber@growthopportunitycenter.org or kcarrara@growthopportunitycenter.org